

*“While we try to teach our children all about life,  
Our children teach us what life is all about.”  
-Angela Schwindt*

## A Child’s Cornerstone Book

*Cassidy’s First Book: A Star Is Born*

### **Pg 1: Before You Were Born**

Use this page to dedicate the book to your child. Describe your desire to have this child come to your family. Add photo of child at current age.

### **Pg 2: Waiting for You to Come**

Share some specific thoughts you had and the preparations you made as you anticipated your baby’s arrival.

### **Pg 3: Choosing Your Name**

Share the history of your child’s name and why you chose it.

### **Pg 4: Your Birthday!**

Share how and where your child was born. What your feelings when you finally got to hold your baby? Who else was excited to meet the new baby?

### **Pg. 5: Bringing You Home**

Write about the baby’s first days at home. What kinds of adjustments did the parents have to make? What did the baby do?

### **Pgs. 6-7: You Started to Grow**

Write about the baby’s facial expressions, likes and dislikes, and the things it started to notice and react to. Share how the baby interacted with family members.

### **Pgs. 8-9: On the Move!**

Describe early crawling, pulling up, and walking experiences. Include details about any significant trials or growth experiences that show personal strength, determination, endurance, etc.

### **Pgs. 10-11: You Loved to Play**

Include descriptions and pictures of things your baby loved to play with. This can include blankets, mobiles, toys, bottles, stuffed animals, pots & pans, etc.

### **Pgs. 12-13: You Loved Playing with Family and Friends**

Describe the baby’s interaction with family and friends. What games did the baby like to play? Include pictures of the baby interacting with family members.

### **Pgs. 14-15: Yum! You Liked to Eat—A Lot!**

What were the baby's favorite foods? Include pictures of the child eating, and even pictures of the baby's favorite foods. Relate a humorous experience the baby had with food.

**Pgs. 16-17: Your Talents, Gifts and Strengths**

Talk about some of the early positive character traits you were already beginning to see in your child.

**Pgs. 18-19: The Many Faces of *Cassidy***

Include photos of the baby's many different moods and faces. "Here are some of the faces you showed us when you were a baby. You made us laugh. You are a very important and loved part of our family."

**Pgs. 20-21: So You Continue to Grow**

Talk about the wonderful person your child is becoming. Include some of the positive character traits you love to see in your child as well as some values that will be important to your child as it continues to grow.